

# Seven Days at Lake House

Ever wonder what there is to do in Western Maine? Wanting to experience life "as it should be"?

Here are 7 days of places to go and things to do that will give you ideas about what the Western Maine Lakes and Mountains are like.

## **DAY 1** *Waterford, Harrison, Bridgton, Naples*

### **Waterford**

- Right here in Waterford you have the Village where 21 structures are listed on the National Register of Historic Places. 200 year old homes encircle the village complete with a church, Lake House B&B, and Truman Properties, a real estate agency. Sit on the Village Green across from the Home of Artemus Ward, Mark Twain's mentor or wander over to the Waterford Public Library or Mary Rice Museum.
- Waterford has many lakes for boating, fishing, swimming, cross-country skiing, skating, snow shoeing. Launch your boat or take a swim in the crystal clear water of Lake Keoka. Mt. Tirem, Hawk Mountain, and Bear Mountain offer local hiking and views of the area. Climb Mount Tire'm on the Daniel Brown trail, named for a leading citizen in the early 1800's, a moderately steep climb that levels off to a fairly gentle ascent. Just minutes from your room, take the one hour round trip climb before breakfast to view farms and fields, Bear Pond, Long Lake, Sebago Lake, Keoka Lake and surrounding peaks.
- Get fresh picked apples and squeezed cider in the fall from Mt Tirem Cider Mill on Plummer Hill Road. In autumn see the beautiful fall foliage in the apple orchards.
- Local businesses offer their wares for sale: Waterford Woodworking builds heirloom quality, shaker influenced, furniture using traditional methods of woodworking used 100-200 years ago. Lee Bradley will show you around his showroom in Waterford.
- [Wiltjer Pottery](#) offers sinks and various hand thrown pieces.
- **Don't miss [Beech Hill Bison Ranch](#)** also on Route 35 in North Waterford. Beech Hill Farm, a 4th generation family farm, offers Hay Rides among the herd, Buffalo trading post, Gourmet meats, and a large variety of gift items. They are open year round and welcome your visit to experience an American Heritage-Buffalo. Paul or Marcia will give you a tour of their ranch and entice you to buy Bison Jerky and Indian crafts.
- [Kedar Quilts](#) sells 2500 bolts of fabric, ready made quilts, and instruction. 207-583-6182

- [Marta's Bakery & Catering](#) is 5 miles away on Route 35. Wedding cakes are a specialty for Marta. She has had over 30 years in food preparation. Take home a treat or eat them in her cafe overlooking North Waterford.
- **Melby's Market & Eatery** (the former Tut's General Store) is located 5 miles from Lake House on Rt 35. They offer hearty meals at good prices and country hospitality. Melby's is the home of the original Buffalo Burger-5 ounces of Pure Native Bison. They also serve Elk and Ostrich.
- **The Waterford World's Fair** takes place in August-a good old country fair.

## Harrison

- Harrison boasts [Deertrees Theater](#), a marvelous opera house that serves as the center for performing arts in Western Maine. 50 different summer productions change weekly. 207-583-6747
- Ice Skating at the end of Long Lake in Harrison.
- The Ballroom offers two spacious studios offer yoga, ballroom & Latin, Aikido, Ballet, Body Sculpting, Belly Dancing 207-583-6964

## Bridgton

- Bridgton has many Antique shops and crafts. Gallery 302 is Western Maine's Newest Fine Art Gallery - 207-647-2787
- Crystal Lake Park in Bridgton for swimming, boating, picnicking.
- [Magic Lantern](#) -An old-fashioned movie-parlor, built in 1929 in Bridgton. 207-647-5065
- Black Horse Tavern Restaurant Casual dining in an Equestrian Atmosphere 207-647-5300
- Flowerbed Farm on 204 Lower Main St in Bridgton sells antiques and garden delights. 207-647-8433
- [Five Fields Farm X-C Ski Center](#) located on a 70 acre working apple orchard. Snowshoe to the summit of Bald Pate Mountain yields spectacular views. 207-647-2425
- [Shawnee Peak](#) for skiing, mountain biking, hiking
- Bridgton Highlands Country Club on Highland Ridge Rd for golf. 207-647-3491

## Naples

- Naples has its own golf course
- Naples Causeway offers Songo River Queen Rides on Long Lake, Rick's Cafe, various water sports, paddleboats, scenic airplane rides, baseball-batting cages.
- [Gallery302](#) has over 50 artists exhibiting oils, watercolors, acrylics, pastels, pen & ink, wood carving, baskets, furniture, ceramics, jewelry, fiber arts, photography, glass and sculpture Gallery 302 is a must stop location for anyone happening to be in the Lakes Region area any time of the year!

## ***DAY 2 So. Paris, Norway, Oxford, Gray, New Gloucester***

### **So Paris and Norway**

- Golf at Norway Country Club on Norway Lake Road 207-743-9840
- Golf at Paris Hill Country Club on Paris Hill Road 207-743-2371
- [McLaughlin Foundation](#) in So. Paris a Garden & Horticultural Center - A nonprofit organization dedicated to preserving one of Maine's renowned historic landscapes. The garden is open daily during the season/ The center is open year-round.
- Drive to Paris Hill to view the majestic historic homes on the hill.
- Perham's of West Paris has a jewelry shop that sells Maine Tourmaline among other gems. You can tour the mines and pan for gold. 207-674-2340 Rt 26
- Summer theater at Celebration Barn Theater 190 Stock Farm Rd, So Paris 207-743-8452

### **Oxford**

- Oxford is the home of Oxford Plains Speedway which hosts stock car races every Saturday in season.
- Snow tubing on Rte 26 in Oxford
- Carters X Country skiing and Kayak & canoe rentals.
- Wal-Mart and Hannaford provide last minute items forgotten or lost.

## Gray/New Gloucester

- [Sabbathday Lake Shaker Village](#), the only active and functioning Shaker Community in the world. Museum, Library, and Herb Department
- [Poland Spring Preservation and Recreational](#) Trails, Museum and Spring House. The historical Poland Spring bottling plant which now houses interactive science displays. Go hiking on the trails or visit All Soul's Chapel or Poland Spring Inn. Go to Sadie's Place for breakfast or lunch and a gift shop.
- Maine Wildlife Park has wild animals for the kids and adults to interact with.
- Maine State Police barracks are also in Gray/New Gloucester on Rt 26.

## ***DAY 3 Lovell, Fryeburg, No. Conway, New Hampshire***

### **Lovell:**

- Play golf at Lake Kezar Country Club 207-925-2462
- Hike Sabattus Mountain
- Walk the trails of Lovell Land Trust
- Fishing for Salmon, Lake Trout, Striped Bass, hunt for Woodcock and Grouse, deer, turkey let by Paul Bois, Reg, Master Maine Guide from White Birch Guide Service [www.whitebirchguideservice.com](http://www.whitebirchguideservice.com) 207-925-1740
- Boat rental on Kezar Lake at Kezar Lake Marina
- Rent snowmobiles from Tommy's Marine who also has full marine service. 207-925-1075
- Go antiquing or browse local art works at the Art Gallery on Rt. 5
- [Center Lovell Inn](#) for drinks, gourmet dining in a relaxed atmosphere, and breathtaking views of the White Mountains 207-925-1575

### **Fryeburg:**

- Day trips and overnights on the Saco River with canoes & kayaks from Saco River Canoe & Kayak [www.sacorivercanoe.com](http://www.sacorivercanoe.com) 207-935-2369
- Saco Valley Sports Center Rte 302 candlepin bowling, golf, arcade & video games, pool, lunch counter. 207-935-3777
- Walk the grounds of historic Fryeburg Academy.
- Snowmobile Rentals from Fryeburg Snowmobile Rentals 800-458-1838

- Hike or bike Evans Notch for unforgettable views, Baldface and Carter-Moriah mountain ranges. Androscoggin River views
- Visit the farm stand for local produce summer and fall.
- Oxford House Inn-a stately Mission-style inn with spectacular views of White Mountains and a gourmet restaurant. [www.oxfordhouseinn.com](http://www.oxfordhouseinn.com) 207-935-3442

## **No. Conway, New Hampshire**

- One of the largest areas for Outlet Shopping, sales tax free
- Mt Cranmore for skiing or hiking
- Kiersag Mountain and Jockey Cap for hiking
- Movie theatres and lots of shops and beautiful views.
- Restaurants, café's, fast food, coffee shops
- Storyland
- Take The Kancamagus Highway (great for fall foliage or anytime) into Lincoln

## ***Day 4 Portland, Cape Elizabeth***

**Portland:** The largest city in Maine, offers many things to many people 2002 population 63,882. Land area 21.2 square miles. It has the amenities of an urban area, yet the feel of a laid back Boston. Visit the city of Portland's Web Site [www.ci.portland.me.us](http://www.ci.portland.me.us) for tours of the city, parking, city services, and lots of useful information. Pages could be written about what to do in Portland. I will attempt to scratch the surface.

- Portland Museum of Art has permanent exhibits in the Winslow Homer Gallery plus changing exhibitions through out the year. Gift shop and education programs.
- McLellan House, a fully restored Federal-era building, (1801), and the Beaux-Arts structure, the L. D. M. Sweat Memorial Galleries (1911) are united with the modern Charles Shipman Payson building to actively serve Maine's citizens. The House and Galleries have been returned to their past elegance as welcoming spaces for the preservation of the Museum's fine collections of 19th-century American paintings and decorative arts.
- Jones Gallery of Glass & Ceramics 207-787-3370
- Home of The Downeaster Train
- Portland has restaurants for day-to-day dining as well as that "special place".

- Portland Waterfront is a seaport where fresh fish can be found year round as well as some of the best eating establishments in town.
- The Old Port area is a Mecca for shopping.
- If relaxing is what you're looking for, the parks are the place to go.
- Walking paths abound around Back Cove and through streets to downtown Portland.
- Don't forget a trip to Peaks Island.
- Saturday night in Portland turns the Old Port from shopping to hot nightspot with clubs, restaurants, and bars.
- Portland Pirates play hockey at the Cumberland County Civic Center when well-known musicians are not occupying the area.
- Merrill Auditorium houses various events during the year as well as Portland Symphony.

## **Cape Elizabeth**

- Fort Williams Park is the perfect place for picnics, relaxing, touring the lighthouse and watching the ocean waves crashing the rocks.
- One of Southern Maine's most affluent areas, Cape Elizabeth has miles and miles of gorgeous houses and estates.
- A Trip to Crescent Beach by car or by bicycle.

## ***DAY 5 - Freeport, Brunswick***

- Desert of Maine
- Wolfs Neck State Park
- Organic Ranch at Wolfs Neck
- [LL Bean](#)
- Maine Information Center in Yarmouth
- Bradbury Mountain State Park in Pownal
- Chocolate Factory Store
- Outlet Stores
- Delorme Mapping in Yarmouth

## **Brunswick**

- Bowdoin College

## ***DAY 6 - Bethel and White Mountain Area***

- Bethel offers one of the best skiing in Maine at [Sunday River Ski Resort](#).
- Bethel Country Club for golfing
- Big Adventure Center is a four season family fun center featuring laser tag, indoor rock gym, bowling, mini golf, waterslides, and snack bar. 207-824-0929
- Sunday River Brew Pub
- Grafton Notch state Park offers hiking, bike riding, the Lovejoy Covered Bridge, Mother Walker Falls
- Hiking on Old Speck Mountain
- Gorham, NH is the start of the Mount Washington Auto Road which takes you to the summit of Mount Washington
- If you don't think your car will make the climb, take the Cog Railway to the top of Mount Washington.

## ***DAY 7 - Casco, Windham, Sebago Lake Area, South Portland, Old Orchard Beach***

- Rt 302 to Windham for Seacoast Fun Park- mini golf, snow tubing, go-karting, a wild tower ride and more.
- Casco has one of the best Golf Courses in Maine [Point Sebago Resort](#)
- Sebago Lake Area offers boating, fishing, swimming, sailing.
- The Maine Mall area in South Portland is the largest shopping area in Maine. Specialty stores, chain stores, restaurants, medical facilities can all be found in this area.
- Old Orchard Beach boardwalk has rides, games of chance, along with swimming, sun bathing, sand castle making.